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of Public Instruction

Building Infrastructure for Coordinated School Health





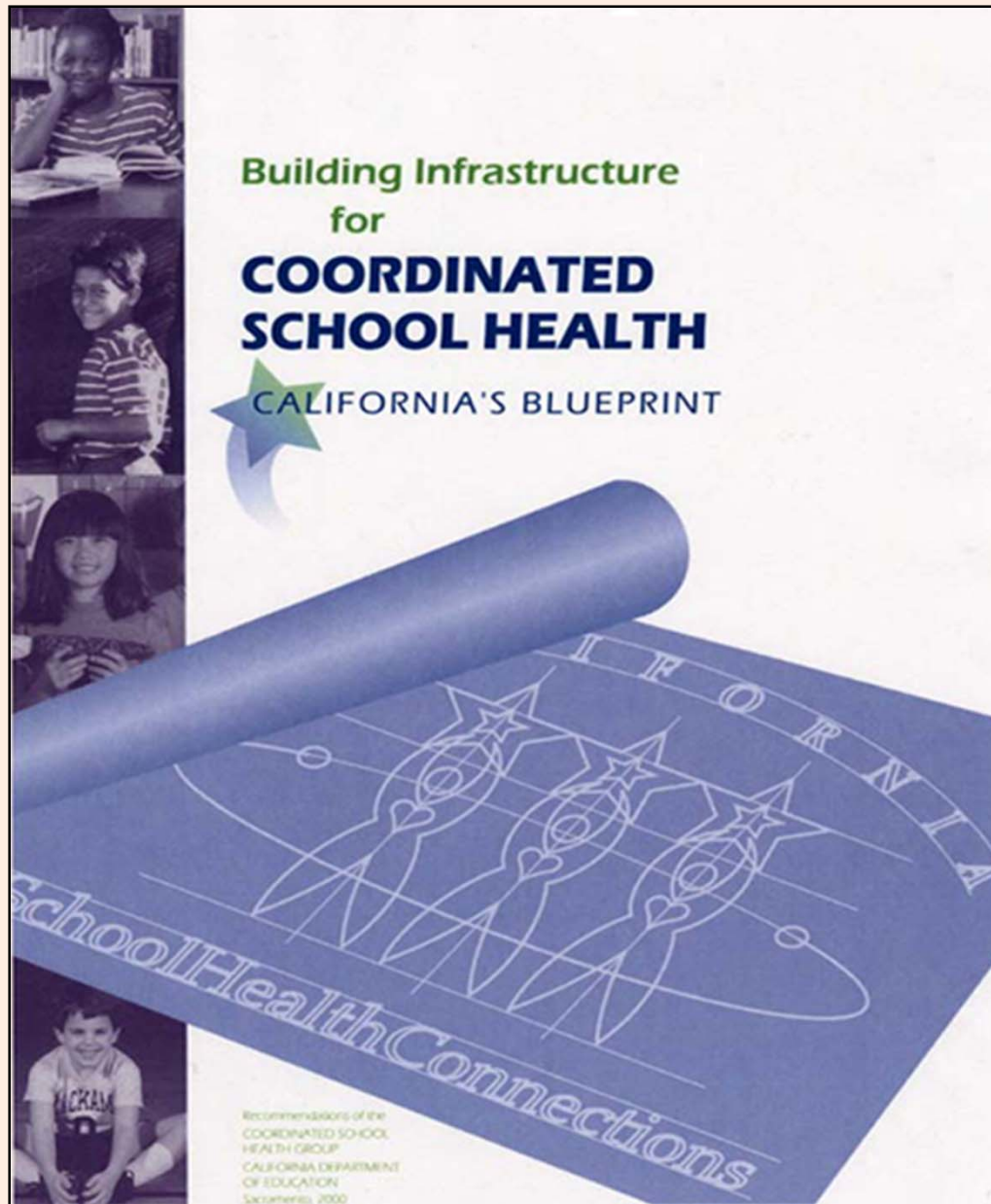
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Coordinated School Health (Eight Components)

- Parent/community involvement
- Health education
- Physical education
- Health promotion for staff
- Health services
- Nutrition services
- Psychological/counseling services
- Healthful environment



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Centers for Disease Control and Prevention

- Funds California Department of Education and Department of Health Services (and 20 other states)
- Focuses on six health behaviors, established during youth that continue through adulthood and that contribute to 70% of preventable illness and death among adults



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Purpose of the Blueprint

- ◆ Create a **joint effort** of *public* and *private* agencies, individuals, communities
- ◆ Improve **implementation** of coordinated school health
- ◆ **Strengthen** the four **infrastructure** supports



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Maximize “infrastructure supports”

- ◆ communication, collaboration
- ◆ policies, laws, funding
- ◆ data, training, partners
- ◆ personnel, positions, authority



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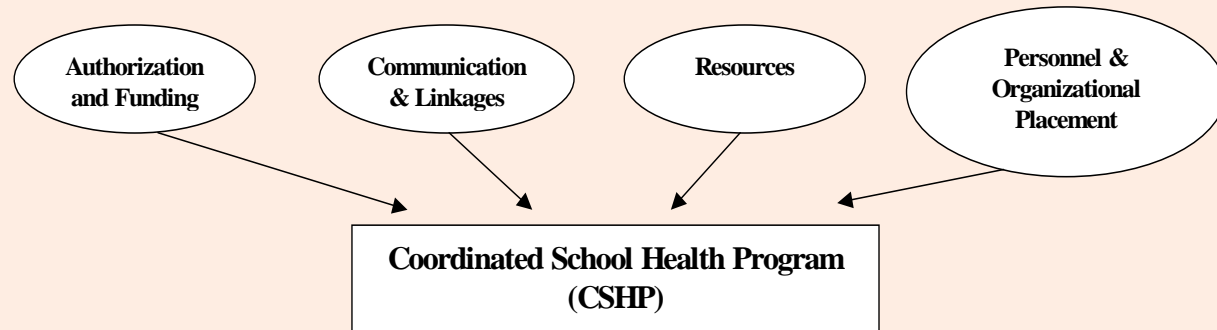
Five Assumptions

- Education and health are **interrelated**
- “**Social morbidities**” are the biggest threats to health
- A more **comprehensive, integrated approach** is needed
- Efforts should be centered in and around **schools**
- Prevention efforts are **cost effective** (social and economic costs of **inaction** are high and escalating)



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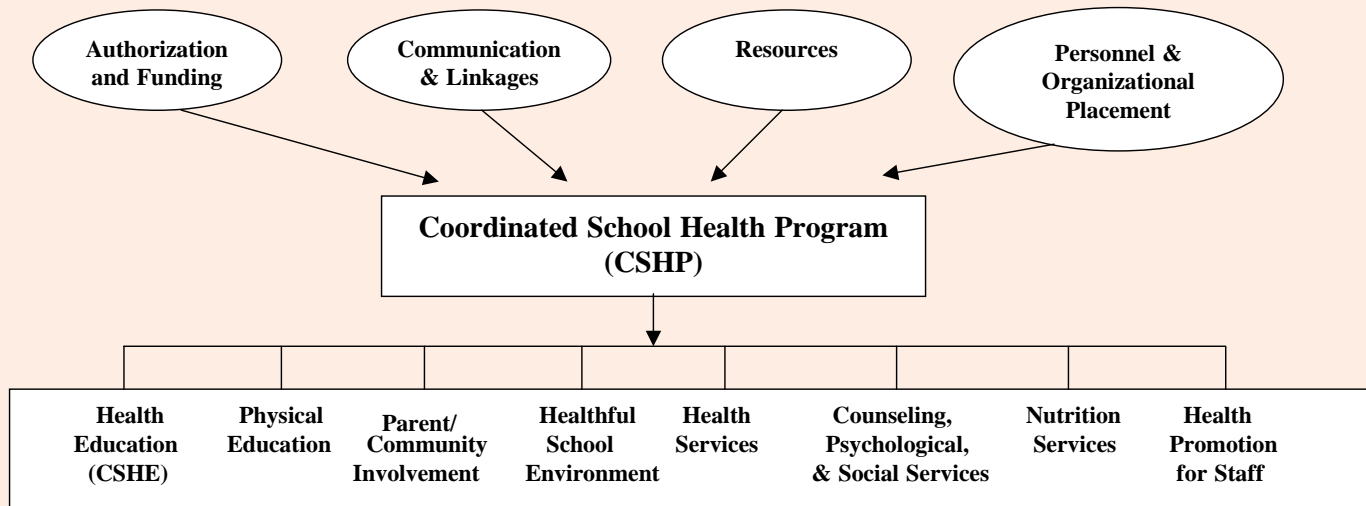
Coordinated School Health Supports





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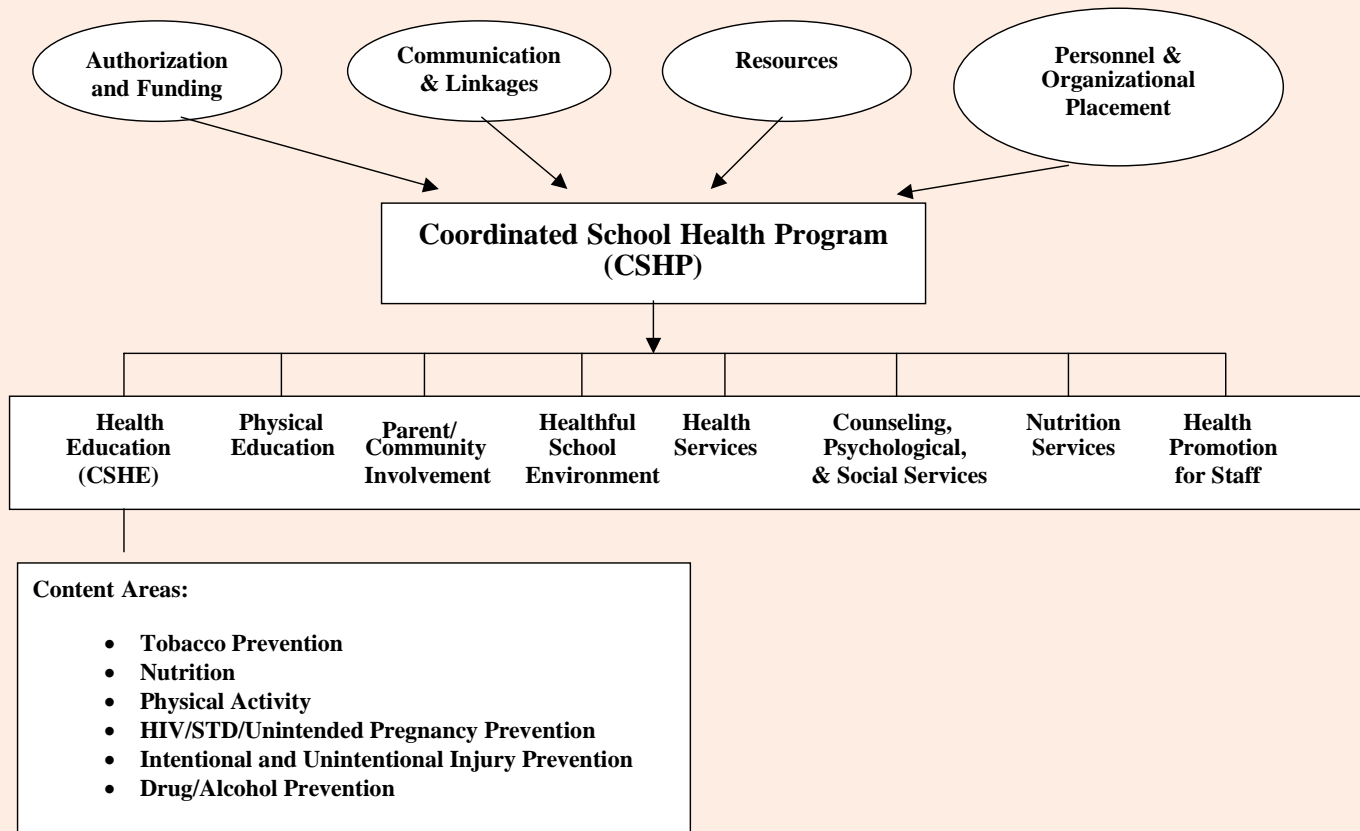
Coordinated School Health Supports





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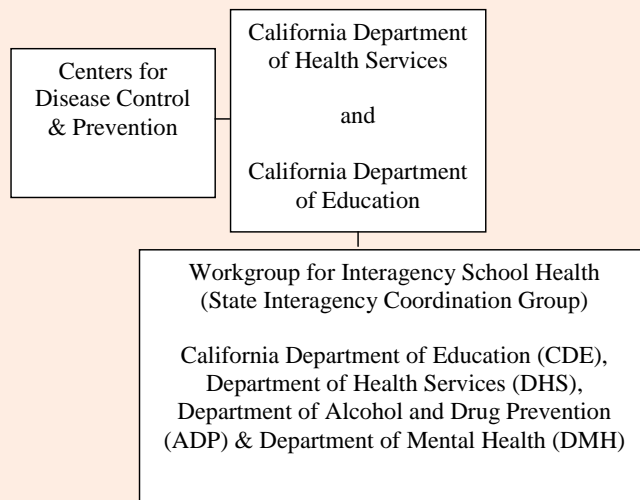
Coordinated School Health Supports





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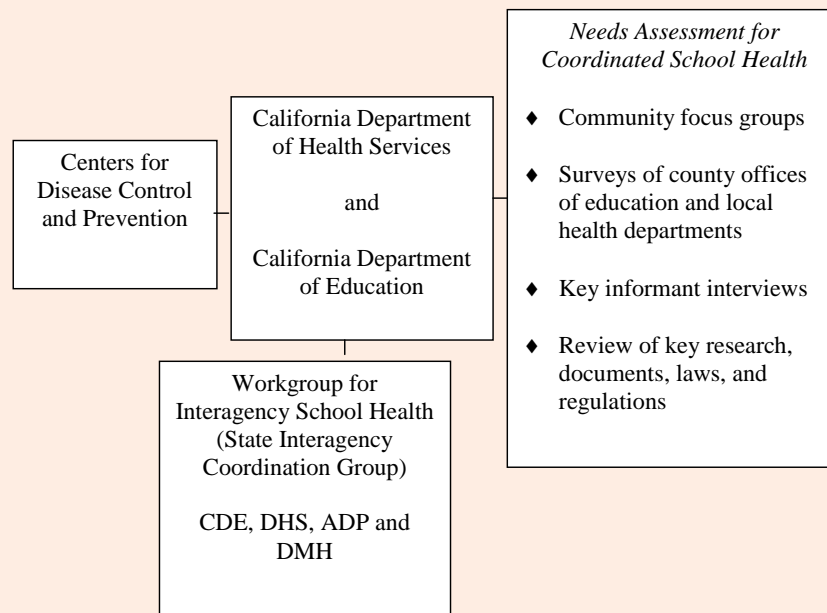
The Development of California's Blueprint for Coordinated School Health





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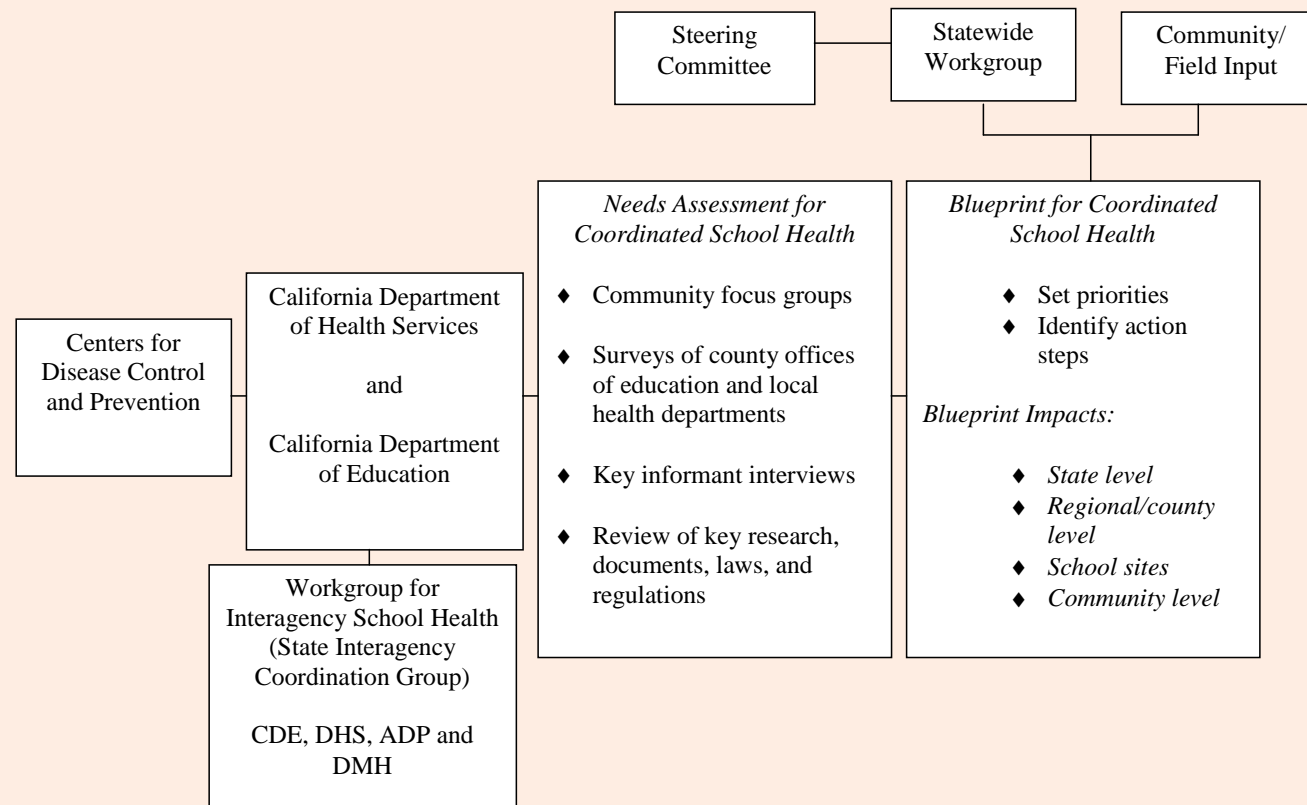
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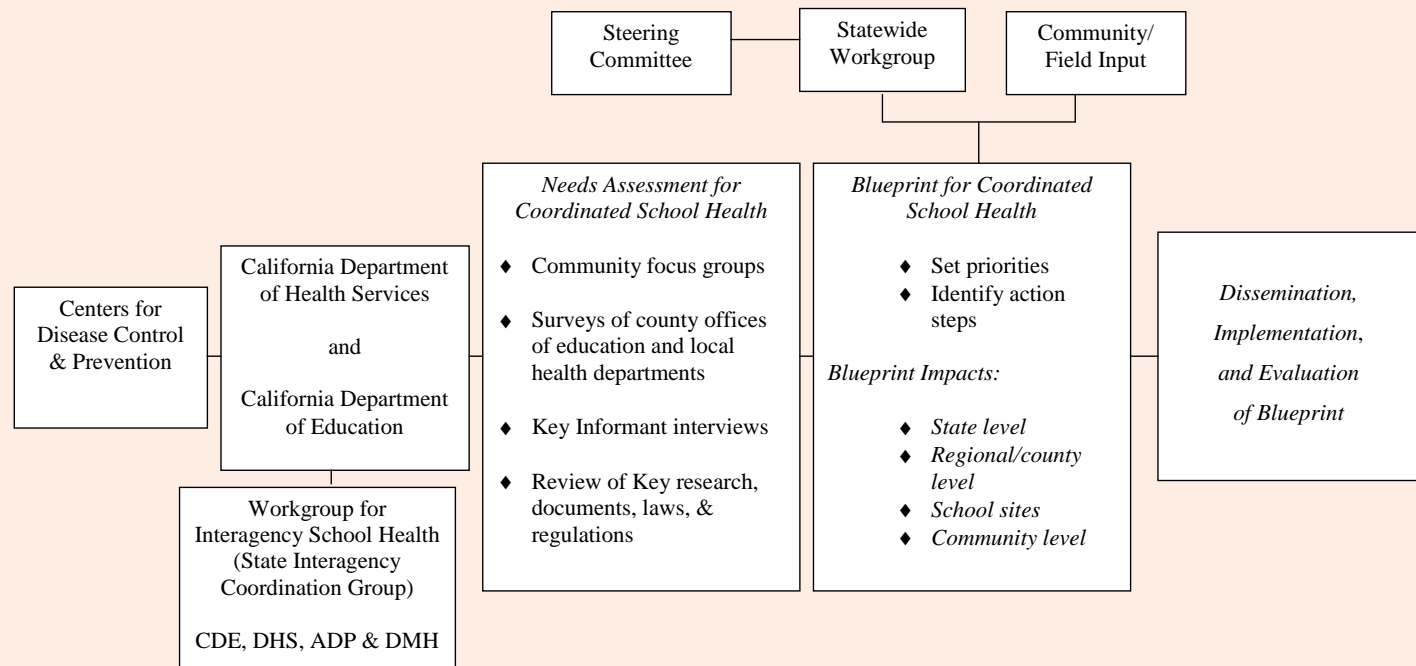
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The Development of California's Blueprint for Coordinated School Health





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Designed to maximize a multi-level approach

- Schools/districts
- Local health departments and county offices of education
- CDE, DHS, and other state departments
- Some include steps for voluntary health organizations and professional associations



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Coordinated School Health Blueprint - Goal 1

Coordinated school health policies
and programs will support and
contribute to the positive
development of youth.

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Excerpts of Action Steps

1. Policies and programs will support and contribute to the **positive development of youth.**
 - ◆ Identify community assets, resources, support (local level)
 - ◆ Advocate for CSH through youth development (local level)
 - ◆ Include youth development in state RFAs, programs, funding (state level)



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Coordinated School Health Blueprint - Goal 2

Policies at all levels will fully support coordinated school health for California's diverse population.

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Excerpts of Action Steps

2. **Policies** at all levels will fully support coordinated school health for California's diverse population.
 - ◆ Establish, promote, support policies at district and school sites (local level)
 - ◆ Inform and involve partners (local level)
 - ◆ Promote CSH within other initiatives (state level)



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Coordinated School Health Blueprint - Goal 3

Funds and resources will be allocated to support coordinated school health for California's diverse population.

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Excerpts of Action Steps

3. **Funds and resources** will be allocated to support coordinated school health for California's diverse population.
 - ◆ Include CSH in school reform planning/funding (local level)
 - ◆ Promote flexible funding (local and state levels)
 - ◆ Involve health insurers (state level)



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Coordinated School Health Blueprint - Goal 4

Closer collaboration and better coordination will be established within and between CDE/DHS, other state and local level agencies, and business and community partners.

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Excerpts of Action Steps

4. **Closer collaboration and better coordination** will be established within and between the CDE and DHS, other state and local level agencies, and businesses and community partners.
 - ◆ **Develop common outcomes (state level)**
 - ◆ **Collaborate to provide training and technical assistance (state level)**
 - ◆ **Strengthen collaboration among local entities (local level)**



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Coordinated School Health Blueprint - Goal 5

Personnel capacity in school health at the state and local levels will increase and reflect California's diverse population.

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Excerpts of Action Steps

5. **Personnel capacity** in school health at the state and local levels will increase and reflect California's diverse population.
 - ◆ Employ qualified CSH staff reflective of state's diversity (local level)
 - ◆ Establish policies/guidelines for partners and service providers (local level)
 - ◆ Support high caliber teacher preparation (state level)



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Coordinated School Health Blueprint - Goal 6

Use of state-of-the-art, research-based strategies to implement coordinated school health will increase.
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Excerpts of Action Steps

6. **Use of state-of-the-art, research-based strategies** to implement coordinated school health will increase.
 - ◆ Utilize research to make informed decisions about curricula/programs (schools/districts)
 - ◆ Administer California Healthy Kids Survey (schools/districts)
 - ◆ Disseminate information about best practices (state level)



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Implications at the Local Level Schools

- Incorporate critical health issues into district-level local improvement plan and the school site plan
- Support accountability and testing by having healthy children achieving in school

(cont.)



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Implications at the Local Level **Schools (cont.)**

- Ensure compliance with existing policies affecting the health of students and staff
- Develop beneficial partnerships with other agencies, organizations, and businesses in the community



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Implications at the Local Level

Voluntary Organizations

- Provide training, technical assistance, and volunteers to assist in establishing school health councils at the local level
- Advocate for school health programs by speaking at community forums, assist with educating local- and state-level policy makers, and participate with other community organizations
- Collect data and support research on the status and impact of coordinated school health



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Implications at the Local Level **Family/Community Involvement**

- Involve parents and neighborhood leaders in ensuring schools are safe and healthful environments
- Reinforce health education messages at home that are taught in the classroom

(cont.)



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Implications at the Local Level **Family/Community Involvement** (cont.)

- Serve on school-community committees to coordinate resources, activities, and services
- Meet with school personnel to determine what support (materials, expertise, time) they can offer to advance the school or district's health objectives



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Implications at the Local Level Health Department Involvement

- Provide input on health policy, programs and services to local school boards
- Work in partnership with schools to increase enrollment in Healthy Families, Medi-Cal for Children and other affordable health care options.
- Promote cross-agency linkages, such as establishing public health nurse liaisons to schools
- Provide data and data-related expertise when developing school programs, policies and services



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Call to Action

- Incorporate recommendations in state level RFAs, strategic plans
- Influence development of local level programs, policies and services
- Provide funds and incentives for locals to implement these recommendations

(cont.)



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Call to Action

(cont.)

- Support youth development and involvement of broad cross-section of youth
- Model cross-departmental collaboration by participating in Workgroup for Interagency School Health (WISH)
- Seek commitment from partner agencies