Building Infrastructure for Coordinated School Health
Coordinated School Health (Eight Components)

- Parent/community involvement
- Health education
- Physical education
- Health promotion for staff
- Health services
- Nutrition services
- Psychological/counseling services
- Healthful environment
Building Infrastructure for COORDINATED SCHOOL HEALTH

California's Blueprint

Recommendations of the COORDINATED SCHOOL HEALTH GROUP CALIFORNIA DEPARTMENT OF EDUCATION
Centers for Disease Control and Prevention

- Funds California Department of Education and Department of Health Services (and 20 other states)

- Focuses on six health behaviors, established during youth that continue through adulthood and that contribute to 70% of preventable illness and death among adults
Purpose of the Blueprint

- Create a joint effort of public and private agencies, individuals, communities
- Improve implementation of coordinated school health
- **Strengthen** the four infrastructure supports
Building Infrastructure for Coordinated School Health

Maximize “infrastructure supports”

- communication, collaboration
- policies, laws, funding
- data, training, partners
- personnel, positions, authority
Five Assumptions

- Education and health are \textit{interrelated}
- \textit{“Social morbidities”} are the biggest threats to health
- A more \textit{comprehensive, integrated approach} is needed
- Efforts should be centered in and around \textit{schools}
- Prevention efforts are \textit{cost effective} (social and economic costs of \textit{inaction} are high and escalating)
Coordinated School Health Supports

Authorization and Funding

Communication & Linkages

Resources

Personnel & Organizational Placement

Coordinated School Health Program (CSHP)
Coordinated School Health Supports

Authorization and Funding
Communication & Linkages
Resources
Personnel & Organizational Placement

Coordinated School Health Program (CSHP)

Health Education (CSHE)
Physical Education
Parent/Community Involvement
Healthful School Environment
Health Services
Counseling, Psychological, & Social Services
Nutrition Services
Health Promotion for Staff
Coordinated School Health Supports

Authorization and Funding
Communication & Linkages
Resources
Personnel & Organizational Placement

Coordinated School Health Program (CSHP)

Health Education (CSHE)
Physical Education
Parent/Community Involvement
Healthful School Environment
Health Services
Counseling, Psychological, & Social Services
Nutrition Services
Health Promotion for Staff

Content Areas:
- Tobacco Prevention
- Nutrition
- Physical Activity
- HIV/STD/Unintended Pregnancy Prevention
- Intentional and Unintentional Injury Prevention
- Drug/Alcohol Prevention
The Development of California’s Blueprint for Coordinated School Health

Centers for Disease Control & Prevention

California Department of Health Services
and
California Department of Education

Workgroup for Interagency School Health (State Interagency Coordination Group)

California Department of Education (CDE), Department of Health Services (DHS), Department of Alcohol and Drug Prevention (ADP) & Department of Mental Health (DMH)
The Development of California’s Blueprint for Coordinated School Health

Needs Assessment for Coordinated School Health
- Community focus groups
- Surveys of county offices of education and local health departments
- Key informant interviews
- Review of key research, documents, laws, and regulations

California Department of Health Services and California Department of Education

Centers for Disease Control and Prevention

Workgroup for Interagency School Health (State Interagency Coordination Group)
- CDE, DHS, ADP, and DMH
The Development of California’s Blueprint for Coordinated School Health

- Steering Committee
- Statewide Workgroup
- Community/Field Input

**Needs Assessment for Coordinated School Health**
- Community focus groups
- Surveys of county offices of education and local health departments
- Key informant interviews
- Review of key research, documents, laws, and regulations

**Blueprint for Coordinated School Health**
- Set priorities
- Identify action steps

**Blueprint Impacts:**
- State level
- Regional/county level
- School sites
- Community level
The Development of California’s Blueprint for Coordinated School Health

- Steering Committee
- Statewide Workgroup
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Needs Assessment for Coordinated School Health
- Community focus groups
- Surveys of county offices of education and local health departments
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- Review of Key research, documents, laws, & regulations

Blueprint for Coordinated School Health
- Set priorities
- Identify action steps

Blueprint Impacts:
- State level
- Regional/county level
- School sites
- Community level

Dissemination, Implementation, and Evaluation of Blueprint

Centers for Disease Control & Prevention
California Department of Health Services and California Department of Education
Workgroup for Interagency School Health (State Interagency Coordination Group)
CDE, DHS, ADP & DMH

California Department of Health Services
California Department of Education
Workgroup for Interagency School Health (State Interagency Coordination Group)
CDE, DHS, ADP & DMH
Designed to maximize a multi-level approach

- Schools/districts
- Local health departments and county offices of education
- CDE, DHS, and other state departments
- Some include steps for voluntary health organizations and professional associations
Coordinated School Health Blueprint - Goal 1

Coordinated school health policies and programs will support and contribute to the positive development of youth.

(Page 12)
1. Policies and programs will support and contribute to the **positive development of youth**.

- Identify community assets, resources, support (local level)
- Advocate for CSH through youth development (local level)
- Include youth development in state RFAs, programs, funding (state level)
Coordinated School Health Blueprint - Goal 2

Policies at all levels will fully support coordinated school health for California’s diverse population.

(Page 17)
Excerpts of Action Steps

2. **Policies** at all levels will fully support coordinated school health for California’s diverse population.
   - Establish, promote, support policies at district and school sites (local level)
   - Inform and involve partners (local level)
   - Promote CSH within other initiatives (state level)
Funds and resources will be allocated to support coordinated school health for California’s diverse population.
Excerpts of Action Steps

3. **Funds and resources** will be allocated to support coordinated school health for California’s diverse population.
   - Include CSH in school reform planning/funding *(local level)*
   - Promote flexible funding *(local and state levels)*
   - Involve health insurers *(state level)*
Coordinated School Health Blueprint - Goal 4

Closer collaboration and better coordination will be established within and between CDE/DHS, other state and local level agencies, and business and community partners.

(Page 23)
Excerpts of Action Steps

4. Closer collaboration and better coordination will be established within and between the CDE and DHS, other state and local level agencies, and businesses and community partners.
   - Develop common outcomes (state level)
   - Collaborate to provide training and technical assistance (state level)
   - Strengthen collaboration among local entities (local level)
Coordinated School Health Blueprint - Goal 5

Personnel capacity in school health at the state and local levels will increase and reflect California's diverse population.

(Page 28)
5. **Personnel capacity** in school health at the state and local levels will increase and reflect California’s diverse population.

- Employ qualified CSH staff reflective of state’s diversity (local level)
- Establish policies/guidelines for partners and service providers (local level)
- Support high caliber teacher preparation (state level)
Coordinated School Health Blueprint - Goal 6

Use of state-of-the-art, research-based strategies to implement coordinated school health will increase.

(Page 31)
Excerpts of Action Steps

6. **Use of state-of-the-art, research-based strategies** to implement coordinated school health will increase.
   - Utilize research to make informed decisions about curricula/programs (schools/districts)
   - Administer California Healthy Kids Survey (schools/districts)
   - Disseminate information about best practices (state level)
Implications at the Local Level

Schools

- Incorporate critical health issues into district-level local improvement plan and the school site plan

- Support accountability and testing by having healthy children achieving in school

(cont.)
Implications at the Local Level

Schools (cont.)

• Ensure compliance with existing policies affecting the health of students and staff
• Develop beneficial partnerships with other agencies, organizations, and businesses in the community
Implications at the Local Level
Voluntary Organizations

- Provide training, technical assistance, and volunteers to assist in establishing school health councils at the local level
- Advocate for school health programs by speaking at community forums, assist with educating local- and state-level policy makers, and participate with other community organizations
- Collect data and support research on the status and impact of coordinated school health
Implications at the Local Level
Family/Community Involvement

• Involve parents and neighborhood leaders in ensuring schools are safe and healthful environments

• Reinforce health education messages at home that are taught in the classroom

(cont.)
Implications at the Local Level

Family/Community Involvement (cont.)

- Serve on school-community committees to coordinate resources, activities, and services
- Meet with school personnel to determine what support (materials, expertise, time) they can offer to advance the school or district’s health objectives
Implications at the Local Level

Health Department Involvement

- Provide input on health policy, programs and services to local school boards
- Work in partnership with schools to increase enrollment in Healthy Families, Medi-Cal for Children and other affordable health care options.
- Promote cross-agency linkages, such as establishing public health nurse liaisons to schools
- Provide data and data-related expertise when developing school programs, polices and services
Call to Action

• Incorporate recommendations in state level RFAs, strategic plans

• Influence development of local level programs, policies and services

• Provide funds and incentives for locals to implement these recommendations
  (cont.)
Call to Action (cont.)

- Support youth development and involvement of broad cross-section of youth
- Model cross-departmental collaboration by participating in Workgroup for Interagency School Health (WISH)
- Seek commitment from partner agencies