

# The California Department of Education Science, Technology, Engineering, and Mathematics Office



**Tom Torlakson**  
State Superintendent  
of Public Instruction

## FEDERAL PROGRAM MONITORING

# Physical Education



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# Welcome!

**Mike Lee, M.A.**

**Education Programs Consultant**

**Science, Technology, Engineering, and  
Mathematics (STEM) Office**

**Professional Learning Support Division**

**California Department of Education (CDE)**





**Tom Torlakson**  
State Superintendent  
of Public Instruction

# Training Objectives

By the end of this presentation, you will understand:

- ✓ The Federal Program Monitoring (FPM) process as it relates to physical education (PE).
- ✓ The nine instrument items reviewed for PE.
- ✓ The appropriate documents that can provide evidence that the local educational agency (LEA) is meeting the requirements in the nine instrument items being reviewed for PE.
- ✓ Your role in the FPM process.
- ✓ Tips for a more efficient and productive review.



Tom Torlakson  
State Superintendent  
of Public Instruction

# General FPM Overview

- The FPM office uses a risk-based approach to determine which LEAs will be reviewed.
- Among several risk factors analyzed are: academic achievement, fiscal analysis, compliance history, and random selection.
- Monitoring Cycles
  - Each LEA is listed in Cycle A, B, C, or D
  - Two (2) alternating cycles reviewed each year
  - Cycles B & D in 2015–16
- On-site and Online Monitoring
  - Cycle B – On-site Reviews
  - Cycle D – Online Reviews



Tom Torlakson  
State Superintendent  
of Public Instruction

# PE LEA Selection

- Once the FPM office has selected the LEAs, the information is sent to each program.
- LEA and site selection criteria for PE include:
  - Three year or greater history of declining physical fitness test scores
  - Previous finding(s) of non-compliance, especially for LEAs with three or more findings in their previous review
  - History of not resolving findings within the resolution period



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE LEA Selection

- PE LEA selection criteria include (continued):
- LEAs with high school(s) on a block schedule waiver approved by the State Board of Education
  - LEAs that have not been reviewed in two or more cycles
  - Random selection



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## IV-PE 01: Testing – FITNESSGRAM (Description)

IV-PE 01. The local educational agency (LEA) is required to participate in the California Physical Performance Testing program by administering the California Physical Fitness Test (FITNESSGRAM) to each student in grades five (5), seven (7), and nine (9) during the months of February, March, April, or May of each year. The LEA shall submit these results to the California Department of Education (CDE) at least once every two (2) years and report the results of its physical fitness testing in its annual School Accountability Report Card (SARC). (*EC* sections 33352[b][4], 33352[b][5], 60800)



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## IV-PE 01: Testing – FITNESSGRAM (Evidence)

For each elementary/middle/high school listed on the review schedule, the LEA must upload in CDE Monitoring Tool (CMT):

### Required Documentation

- School Accountability Report Card (SARC)

*(Links to SARCs are not acceptable)*



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## IV-PE 02: Evaluation – High School (Description)

IV-PE 02. High school students must be evaluated on their progress in each of the following areas:

- 1) Effects of physical activity upon dynamic health;
- 2) Mechanics of body movement;
- 3) Aquatics;
- 4) Gymnastics and tumbling;
- 5) Individual and dual sports;
- 6) Rhythms and dance;
- 7) Team sports; and
- 8) Combatives (may include self-defense).



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## IV-PE 02: Evaluation – High School (Description)

Reporting of pupil achievement is based upon all of the following:

- 1) Evaluation of the pupil's individual progress and the measure of his attainment of the goals specified in each area of instruction listed in subsection (a) of this section.
- 2) Tests designed to determine skill and knowledge.
- 3) Physical performance tests.
- 4) Any other evaluation procedures required by local governing board regulations. (5 CCR Section 10060[g])



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## IV-PE 02: Evaluation – High School (Evidence)

For each high school listed on the review schedule,  
the LEA must upload in CMT:

### Required Documentation

- Current Master Schedule
- PE Course Outlines/Descriptions with Evaluation Strategies or Guidelines

### Recommended Documentation

- PE Course Syllabi with Evaluation Strategies or Guidelines



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## V-PE 03: Teaching Credentials (Description)

V-PE 03. The LEA must provide instruction in physical education to students in any of grades one through twelve (1-12), inclusive, by physical education teachers who hold appropriate teaching credentials issued by the Commission on Teacher Credentialing (CTC) (*EC* Section 33352[b][9]). Instructional aides, paraprofessionals, and volunteers may only assist the teacher. (*EC* sections 45330, 45340-45347, 45349, 45350, 45353, 45360-45362)



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## V-PE 03: Teaching Credentials (Evidence)

For each elementary/middle/high school listed on the review schedule, the LEA must upload in CMT:

### Required Documentation

- Current Master Schedule
- Faculty Roster/Teacher Assignments
  - CTC Teaching Credentials

*(Teacher first and last names)*



**Tom Torlakson**  
 State Superintendent  
 of Public Instruction

# PE Instrument Items

## V-PE 03: Teaching Credentials

**Document Title:** Single Subject Teaching Credential

**Term:** Clear

**Status:** Valid

**Issue Date:** 6/24/2010

**Expiration Date:** 7/1/2015

**Original Issue Date:** 9/5/2008

**Grade:**

**Special Grade:**

**SB1969 (Title 5 §80487):**

### Authorization / Subjects

1 - 2 of 2

Authorization Code	Authorization Description	Subject Code	Subject Description	Major/Minor	Added Authorization Date
R142	This document authorizes the holder to provide the following services to English learners: (1) instruction for English language development in grades twelve and below, including preschool, and in classes organized primarily for adults; and (2) specially designed content instruction delivered in English in single-subject-matter (departmentalized) courses as authorized on this document. This authorization also covers classes authorized by other valid, non-emergency credentials held, as specified in Education Code Section 44253.3.	NONE			
R15	This document authorizes the holder to teach the subject area(s) listed in grades twelve and below, including preschool, and in classes organized primarily for adults.	PE	Physical Education	MAJ	



**Tom Torlakson**  
 State Superintendent  
 of Public Instruction

# PE Instrument Items

## V-PE 03: Teaching Credentials

**Document Title:** Multiple Subject Teaching Credential

**Term:** Clear

**Status:** Valid

**Issue Date:** 4/10/2009

**Expiration Date:** 5/1/2014

**Original Issue Date:** 12/20/2005

**Grade:**

**Special Grade:**

**SB1969 (Title 5 §80487):**

### Authorization / Subjects

1 - 2 of 2

Authorization Code	Authorization Description	Subject Code	Subject Description	Major/Minor	Added Authorization Date
R2M	This credential authorizes the holder to teach all subjects in a self-contained class and, as a self-contained classroom teacher, to team teach or to regroup students across classrooms, in grades twelve and below, including preschool, and in classes organized primarily for adults. In addition, this credential authorizes the holder to teach core classes consisting of two or more subjects to the same group of students in grades five through eight, and to teach any of the core subjects he or she is teaching to a single group of students in the same grade level as the core for less than fifty percent of his or her work day.	GSX	General Subjects (Examination)	MAJ	
R242	This document authorizes the holder to provide the following services to English learners: (1) instruction for English language development in grades twelve and below, including preschool, and in classes organized primarily for adults; and (2) specially designed content instruction delivered in English in multiple-subject-matter (self-contained) classes, or single-subject-matter (departmentalized) courses as authorized by any supplementary authorization listed. This authorization also covers classes authorized by other valid, non-emergency credentials held, as specified in Education Code Section 44253.3.	NONE			



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VI-PE 04: Coeducational, Inclusive Manner (Description)

VI-PE 04. All physical education classes shall be conducted in the coeducational, inclusive manner prescribed by law. The LEA must provide instruction in physical education that provides equal access and equal opportunities for participation for all students, regardless of gender. (*EC* Section 33352[b][8]; 5 *CCR* sections 4930, 4931, 4940; Title IX, 106.33, 106.34)



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VI-PE 04: Coeducational, Inclusive Manner (Evidence)

For each elementary/middle/high school listed on the review schedule, the LEA must upload in CMT:

### Required Documentation

- PE Local Governing Board Policy (6142.7)
  - Current Master Schedule
  - Faculty Roster/Teacher Assignments
- PE Class Rosters (student info. redacted)



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 05: Instruction – Elementary School (Description)

VII-PE 05. Elementary school students in grades one through six (1-6), inclusive, shall receive physical education instruction for a minimum of 200 minutes each 10 school days, exclusive of recesses and the lunch period. (*EC* sections 33352[b][1], 51210[g], 51210.1[a][1][A])



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 05: Instruction – Elementary School (Evidence)

For each elementary school listed on the review schedule, the LEA must upload in CMT:

### Required Documentation

- Faculty Roster/Teacher Assignments
  - PE Instructional Minutes Report

*(Template provided in CMT for use or guidance)*



Tom Torlakson  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 05: Instruction – Elementary School

PE Instructional Minutes Report.docx - Microsoft Word

2014-2015 PHYSICAL EDUCATION INSTRUCTIONAL MINUTES REPORT

LEA/School District:  School Site:

**Instructions: (see sample below)**

- 1) Enter teachers' first and last names in the "Teacher" column for every teacher teaching his/her own physical education. Kindergarten and special education/special day classes are not required. **Highlight any times taught by a PE specialist.**
- 2) Enter the grade level(s) taught in the "Grade(s)" column.
- 3) Enter the start - end times (use am/pm notations) and daily minutes in the respective columns for each day physical education instruction occurs for each teacher. Each line of five days represents one week; two lines per instructor equals 10 school days.
- 4) Calculate the total weekly minutes for each week (going across), as well as the total minutes for both weeks (going down).
- 5) LEAs may adapt this form so it better meets their needs.

Teacher	Grade(s)	Monday		Tuesday		Wednesday		Thursday		Friday		TOT. MIN.
		Start - End	Min.									
Kelly Smith	4	11:45 am-12:10 pm	25	125								
Kelly Smith	4	11:45 am-12:10 pm	25			11:45 am-12:10 pm	25			1:40 - 2:30 pm	50	100
Kelly Smith	4		50		25		50		25		75	225

Sections: 1 Page: 1 of 3 Words: 268



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 06: Instruction – Middle and High School (Description)

VII-PE 06. Middle school and high school students in grades seven through twelve (7-12), inclusive, shall receive physical education instruction for a minimum of 400 minutes each 10 school days. Students in grades seven and eight (7-8) who attend a K-8 elementary school shall receive physical education instruction for at least 200 minutes each 10 school days, exclusive of recesses and the lunch period. (*EC* sections 33352[b][2], 33352[b][3], 51222[a], 51223)



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 06: Instruction – Middle and High School (Evidence)

For each middle/high school listed on the review schedule, the LEA must upload in CMT:

### Required Documentation

- Current Master Schedule
  - Current Bell Schedule



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 07: Teaching – High School (Description)

VII-PE 07. LEAs that maintain a high school shall provide a course of study in physical education to students in any of grades nine through twelve (9-12), inclusive, with a developmentally appropriate sequence of instruction, including:

- 1) Effects of physical activity upon dynamic health;
- 2) Mechanics of body movement;
- 3) Aquatics;
- 4) Gymnastics and tumbling;
- 5) Individual and dual sports;
- 6) Rhythms and dance;
- 7) Team sports; and
- 8) Combatives (may include self-defense).

(*EC* sections 33352[b][7], 51014, 51220[d]; 5 *CCR* Section 10060[a])



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 07: Teaching – High School (Evidence)

For each high school listed on the review schedule,  
the LEA must upload in CMT:

### Required Documentation

- Current Master Schedule
- PE Course Outlines/Descriptions with Sequence of Instruction/Standards

### Recommended Documentation

- PE Course Syllabi with Sequence of Instruction/Standards



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 08: Exempted Students I (Description)

VII-PE 08. LEAs that maintain a high school and elect to exempt students from required attendance in physical education for two (2) years any time during grades ten through twelve (10-12), inclusive, must offer those exempted students a variety of elective physical education courses, each with a minimum of 400 minutes each 10 school days. (*EC* sections 33352[b][6], 51222[b], 51241[b][2])



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 08: Exempted Students I (Evidence)

For each high school listed on the review schedule,  
the LEA must upload in CMT:

### Required Documentation

- Current Master Schedule
- PE Course Outlines/Descriptions (electives only)

### Recommended Documentation

- PE Course Syllabi (electives only)
  - PE Course Selection Sheets



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 09: Exempted Students II (Description)

VII-PE 09. LEAs may grant three (3) distinct and separate types of exemptions from courses in physical education for high school students:

Temporary:

The governing board of a school district or the office of the county superintendent of schools of a county may grant a temporary exemption to a pupil from courses in physical education, if the pupil is one of the following:

- Ill or injured and a modified program to meet the needs of the pupil cannot be provided.
- Enrolled for one-half, or less, of the work normally required of full-time pupils. (*EC* Section 51241[a][1][2])



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 09: Exempted Students II (Description)

Two-year:

The governing board of a school district or the office of the county superintendent of schools of a county, with the consent of a pupil, may grant a pupil an exemption from courses in physical education for two years anytime during grades 10-12, inclusive, if the pupil has met satisfactorily at least five of the six standards of the physical performance test administered in grade 9 pursuant to Section 60800. (*EC Section 51241[b][1]*)



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 09: Exempted Students II (Description)

Permanent:

The governing board of a school district or the office of the county superintendent of a county may grant permanent exemption from courses in physical education if the pupil complies with any one of the following:

- Is 16 years of age or older and has been enrolled in grade 10 for one academic year or longer.
- Is enrolled as a postgraduate pupil.
- Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are scheduled for recreation and exercise pursuant to the requirements of Article 24 (commencing with Section 880) of Chapter 2 of Part 1 of Division 2 of the Welfare and Institutions Code. (*EC* Section 51241[c][1][2][3])



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# PE Instrument Items

## VII-PE 09: Exempted Students II (Evidence)

For each high school listed on the review schedule,  
the LEA must upload in CMT:

### Required Documentation

- PE Local Governing Board Policy (6142.7)
  - PE Description of Processes Used to Grant Exemptions
- PE Documents to Apply for and/or Monitor/Record Exemptions (i.e. student consent form)



Tom Torlakson  
State Superintendent  
of Public Instruction

# Findings

- LEAs have 45 days to resolve any findings.
- If the LEA is unable to resolve the findings within the 45-day period, they may submit a Resolution Agreement Request through CMT for up to an additional 180 days. The Resolution Agreement Request must specify a **date and rationale** for the extension to be considered.
- Any LEA findings must be implemented at all schools in the district, not just the sites reviewed.



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# Helpful Tips

- 1) Certify PE instrument by the upload deadline (earlier if possible).
- 2) Upload and certify only those documents requested for only those sites being reviewed.
- 3) Provide answers to any questions promptly.
- 4) When revising/creating required documents, e-mail to reviewer for feedback before uploading and certifying in CMT.
- 5) Ask questions and request assistance!



**Tom Torlakson**  
State Superintendent  
of Public Instruction

# Questions?





**Tom Torlakson**  
State Superintendent  
of Public Instruction

# Contact Information

**Mike Lee**

**Education Programs Consultant**

916-323-5798

[mlee@cde.ca.gov](mailto:mlee@cde.ca.gov)

**Dr. Robert Calvo, Retired Annuitant**

916-324-5686

[rcalvo@cde.ca.gov](mailto:rcalvo@cde.ca.gov)

**Physical Education FAQs**

<http://www.cde.ca.gov/pd/ca/pe/physeducfaqs.asp>