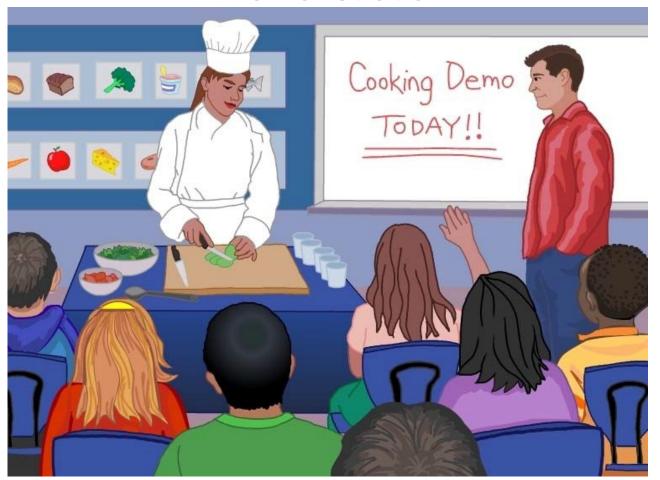


Cook with Kids! Cooking Styles

California Department of Education Nutrition Services Division Revised August 2019

Demonstration



Students watch an instructor prepare a recipe.

Sample handout from the Cook with Kids! training module.

Single Portion



Students prepare their own portion or serving.

Sample handout from the Cook with Kids! training module.

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Cooperative Group



Student groups prepare ingredients for a single class recipe.

Sample handout from the Cook with Kids! training module.

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Cooking Station



Student groups to prepare an entire recipe.

Sample handout from the Cook with Kids! training module.

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