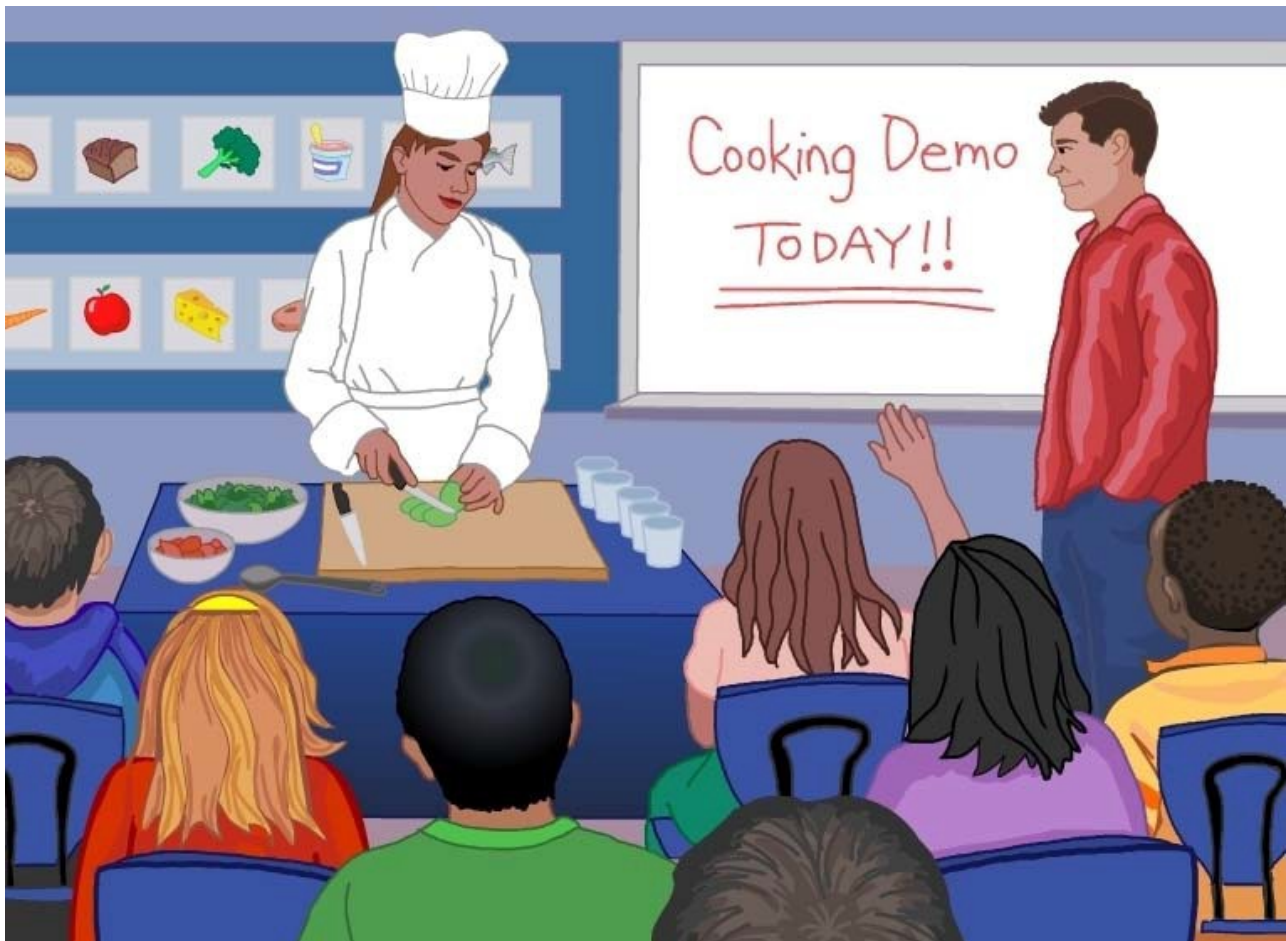




Cook with Kids! Cooking Styles

California Department of Education
Nutrition Services Division Revised
August 2019

Demonstration



Students watch an instructor prepare a recipe.

Sample handout from the Cook with Kids! training module.

Single Portion



Students prepare their own portion or serving.

Sample handout from the Cook with Kids! training module.

Cooperative Group



Student groups prepare ingredients for a single class recipe.

Sample handout from the Cook with Kids! training module.

Cooking Station



Student groups to prepare an entire recipe.

Sample handout from the Cook with Kids! training module.

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This institution is an equal opportunity provider.