Demonstration

Students watch an instructor prepare a recipe.

Sample handout from the Cook with Kids! training module.
Single Portion

Students prepare their own portion or serving.

Sample handout from the Cook with Kids! training module.

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Cooperative Group

Student groups prepare ingredients for a single class recipe.

Sample handout from the Cook with Kids! training module.
Cooking Station

Student groups to prepare an entire recipe.

Sample handout from the Cook with Kids! training module.

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This institution is an equal opportunity provider.