



June 19, 2020

Distance Learning Parent Newsletter, Issue 10

English Learner Support Division
California Department of Education

Opening Letter

DEAR PARENTS,

The Distance Learning Parent Newsletter was published weekly during the transition to distance learning. Starting with the June 2020 issue, the newsletter will now be published monthly.

This issue focuses on music, art, and physical education. With the transition to the summer, it is the perfect time to focus on fun, enriching, and creative activities. Even though school may be out, learning from home and summer learning programs can still help your child continue to learn over the summer. This issue offers activities and resources that parents can use at home with children to help them continue to learn and grow over the summer!

Summer Learning

Many school districts will offer summer school opportunities this summer. Please contact your child's school to find out what opportunities are available for your child! If

your child participates in the local Migrant Education Program (MEP), please contact the MEP staff directly for questions regarding summer school opportunities. If you are unable to reach MEP staff, you may contact the migrant regional director to find out about summer services available to migratory students. The contact information for the migrant regional directors can be found on the CDE Regional Offices and Direct Funded Districts web page at <https://www.cde.ca.gov/sp/me/mt/regions.asp>.

New Informational Resources

Stay Play Grow

The Early Learning Lab released *Stay Play Grow*, a free app to support parents and caregivers during the Coronavirus outbreak and beyond. The app is a one-stop source of quality, trusted resources curated to help families with children birth to age five make the most of their time together.

The app offers resources in English and Spanish (under *Recursos en Español*) on children's learning and development, including simple activities to help children learn through play at home; self-care strategies; how to get help meeting basic needs including food, shelter, diapers, and more; and health and safety resources, including how to talk to children about the ongoing health pandemic and racial inequality crisis.

The Early Learning Lab Stay Play Grow website at <https://earlylearninglab.org/stay-play-grow/#partners> includes more information and links to download the app.

Informational Resources Included Every Week

School Lunch Information: CA Meals for Kids

Parents can still pick up school lunches during COVID-19 related school closures. Use the "CA Meals for Kids" mobile app to find meals or you can contact your school district directly for more information. Some districts now offer home delivery for school lunches. Parents should contact their child's school to see if the school has opted into this optional program.

CDE News Release: CA Meals for Kids App Update at <https://www.cde.ca.gov/497627>

Getting Internet Access

If you do not have access to the internet at home, there are several companies offering service to families. Contact the companies listed on the link below on the CDE web page to discuss available plans.

CDE Getting Internet Access: Available Plans at <https://www.cde.ca.gov/498321>

Home Learning Resources

Below are free recommended resources that you can use with your children at home or they can use on their own.

Music Resources

Jango Radio: Raffi

Sing along to classic Raffi songs sung in classrooms around the country. Songs provide oral English language development opportunities for students.

<https://www.jango.com/music/Raffi>

Rockalingua

This website offers links to free songs in Spanish for kids and includes Spanish vocabulary words with pictures for each song.

<https://rockalingua.com/songs>

Creating a Musical Home Environment

This article from PBS for Parents offers tips for parents about how to immerse your home in music. These include actively listening to music, singing with your child, dancing with your child, and making music together.

<https://www.pbs.org/parents/thrive/creating-a-musical-home-environment>

Arts Resources

Activities to Do at Home

Explore fun and educational activities for the whole family at home! This web page from PBS for Parents includes many arts and crafts ideas. Parents can sort activities by age (two to eight).

<https://bit.ly/PBScrafts>

Met Kids

The Metropolitan Museum of Art #MetKids web page features a virtual time machine that kids can use to explore art, culture, and inventions from different periods in history and a collection of videos including fun do-it-yourself art, craft, and invention ideas!

<https://www.metmuseum.org/art/online-features/metkids/>

Artful at Home Student Resources

This website includes links to free virtual theater and dance classes for older students. Middle and high school students can learn from theater and dance professionals from home! <https://www.artfulschools.com/studentresources>

Physical Education Resources

Physical Education at Home: 10 Fun Activities to Get the Whole Family Moving

Kids are naturally super active on their own, but with no playgrounds, no recess at school, and no sports, it can be tough to get in daily movement. Learn simple indoor and outdoor activities for you and your child. Let's get moving!

<https://www.mother.ly/child/physical-education-activities-at-home>

Let's Move Active Families

The Let's Move website offers lots of practical tips to keep the whole family healthy. The Active Families page offers simple tips and ideas to help keep your child physically active at home! This page is available in Spanish by clicking "en español" in the upper right corner of the page.

<https://letsmove.obamawhitehouse.archives.gov/active-families>

Social Media and Email

To stay up to date with new resources and information, follow the CDE English Learner Support Division on Twitter [@MultilingualCA](https://twitter.com/MultilingualCA).

To subscribe to the English Learner Updates Listserv, send a blank email to join-english-learner-updates@mlist.cde.ca.gov.